

PACKING LIST for Teens, Junior Staff, and Adult Staff

When packing, please consider that the cabins have very limited extra space. No shoes, clothes, or personal items can be left on the floor. Ideally, your items will all be stored neatly in your duffle bag/suitcase at the foot of your bed.

*****PLEASE NOTE:** *We are once again camping in the summer, in the South. Weather will vary. Expect it to be hot, with high humidity. We HIGHLY suggest planning and dressing appropriately to minimize discomfort.* ***

- **Powdered Electrolytes:** *****NOT OPTIONAL***** More than 1 pack per day is recommended. Plan on 2-3 packs per day. Please read the letter above from our Lead Camp Nurse, Rebecca. [Example: Liquid IV, Propel, DripDrop, Ultima, LMNT, Kinderlyte, Gatorlytes, etc.]
- **Stick Deodorant:** **This is NOT optional.** [No aerosol sprays or AXE spray]
- **Runner's Stick/Anti-Chafing Stick**
- **Bedding:** Twin Sheets, pillow with case, sleeping bag, light blanket, etc...
- **Towels:** A couple for personal use, and a couple for pool use, washcloths, etc...
- **Toiletries:** Stick Deodorant **[again... not optional!]** [no aerosol deodorants/aerosol body-sprays, perfumes, colognes [i.e.; AXE], Shampoo/Conditioner, feminine products, hair-care items, eye-care/contact supplies, shaving supplies, bug spray/insect repellant, anti-itch cream, etc...]
- **Sunscreen & Bug Spray**
- **Any Prescribed Medications:** All Wolf Cubs, Benjamites, and Teen Campers will be required to turn in all medication upon check-in at the Head Nurse's discretion. Our Medical Team will dispense medications as prescribed.
- **Rain Poncho or Raincoat:** We usually have at least one day of rain. Plan accordingly.
- **Flashlight** with fresh batteries
- **Watch** to tell time
- **Clothes** **[Please see Modesty Rules in this Packet. ALL CLOTHING MUST ADHERE TO THESE RULES]:**
 - **Jeans/Pants:** 1-2 pairs
 - **Jacket:** Long sleeve t-shirt, light jacket/sweater, or hoodie if it gets cool.
 - **Shorts:** Enough for each day of camp, plus dark-colored shorts for water activities
 - **Shirts:** 10-12 [enough for 2 per day. Make sure some are dark-colored for water activities]
 - **Socks:** Enough for two pairs a day.
 - **Pajamas:** Modest Sleepwear
 - **Underwear:** Enough for the week, plus some extra.
 - **Flip-Flops/Water Shoes/Shower Shoes:** For the shower/pool
 - **Closed Toed Shoes that can get wet if you are going to go White Water Rafting**
 - **2] pairs Closed-Toed Sneakers/Athletic Shoes:** These are mandatory for all regular sports/activities & Tribulation night. Extra pair recommended in case one pair gets wet.
 - **Swimwear:**
 - **GUYS:** Swim Trunks, [no Speedos] and a dark T-shirt/swim shirt
 - **GALS:** modest one-piece or two-piece swimsuit [no bikinis] plus a dark T-shirt/swim shirt
- **Dirty Laundry Bag**
- **Anything you need for Theme Nights or Tribe Roll Calls:** Points are awarded to each Tribe for creativity & participation. **NOTE: The Camp Administration Team will not be able to assist with providing or printing items off for these events. Please come prepared.**
- **Bible,** notebook, pen, journal if you want to take notes
- **Sturdy Backpack/Bookbag** to hold Bible, water bottle, sunscreen, etc...
- **Money for Snack Shack & Gift Shop**
- **Camera, Alarm Clock, permanent markers** [Black & Silver] for signing t-shirts, etc....
- **A GREAT ATTITUDE, OPEN TO WHAT GOD HAS IN STORE FOR YOU!**

*****NOTE***:** *Camp Mashiach, Yah's Messianic Fellowship, and Camp Viewpoint ARE NOT responsible for any belongings lost, stolen, or left behind at camp. All items found that are not claimed at the end of camp will be donated. If you need your item mailed back to you, you are required to pay shipping. We highly recommend that you do not bring anything to camp that is irreplaceable. Please label your belongings your name on all your items (especially Bibles, cameras, etc...), and keep track of your belongings.*